

BEST CARE COACHING

Client Statement of Understanding



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Best Care Coaching Service Description

Best Care's Coaching Service involves one-on-one sessions facilitated by a Best Care Coach to identify, plan, practice and acquire specific competencies or achieve specific goals. Generally, coaching is to assist an individual with improving job performance, advancing in a career, or achieving greater satisfaction or success with a job, career, or business.

Confidentiality

Coaching is not individual counseling or therapy. It is an educational process and the information provided during the process is not protected health information. However, information will be kept confidential and not shared without prior authorization unless required by state or federal law. With your and your manager's or organization representative's prior authorization, coaching sessions may include your manager or other appropriate representative of your organization to set goals or share progress.

You are expected to use discretion and not use information learned during coaching in a manner that would be detrimental to your employer or organization.

Communication/Closure

You and your Best Care Coach will be in regular communication. You are expected to maintain communication according to a mutually determined agreement.

By signing below, you indicate you have read and understand this Best Care EAP Coaching Services Statement of Understanding and you agree to participate in the coaching provided.

Printed Name

Client Signature

Date

