

# BEST CARE COACHING

## Client Information



### Best Care Coaching Client Information

Date \_\_\_\_\_

#### Coaching Client Information

Name \_\_\_\_\_ Job Title \_\_\_\_\_

Company Name \_\_\_\_\_

Work Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Work Telephone \_\_\_\_\_ Cell \_\_\_\_\_

May we call?            **Work**   YES   NO                      **Cell**   YES   NO

Leave message?        **Work**   YES   NO                      **Cell**   YES   NO

Best time to be reached by phone \_\_\_\_\_

Work Email \_\_\_\_\_

May we send follow up information to your work email?   YES   NO

If not, is there a better way to send follow-up information to you?

\_\_\_\_\_

Main Responsibilities

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

#### Employer Information

Direct Supervisor Name and Title \_\_\_\_\_

Work Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Work Phone \_\_\_\_\_ Cell \_\_\_\_\_ Fax \_\_\_\_\_

Work Email \_\_\_\_\_





## Coaching Goals

Coaching Client Name \_\_\_\_\_

What are your primary goals/outcomes for coaching?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

What conversations have you had with your direct supervisor regarding these goals?

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Please circle your rating at this time for any following issues that apply in your situation. We will ask your ratings on these issues again after the coaching has been completed.

Self-esteem:	Poor	Fair	Good	Very Good	Excellent
Overall Job satisfaction	Poor	Fair	Good	Very Good	Excellent
Satisfaction with Coworkers	Poor	Fair	Good	Very Good	Excellent
Satisfaction with Supervisor	Poor	Fair	Good	Very Good	Excellent
Satisfaction with Employer	Poor	Fair	Good	Very Good	Excellent
Personal relationships	Poor	Fair	Good	Very Good	Excellent
Family relationships	Poor	Fair	Good	Very Good	Excellent
Ability to deal with stress	Poor	Fair	Good	Very Good	Excellent
Overall attitude/happiness	Poor	Fair	Good	Very Good	Excellent

Are there any obstacles that may interfere with your ability to achieve your coaching goals? Please explain:

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Is there anything else you would like me to know before we get started?

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