

# SUMMER SERIES: Grown-up Fun



Ok, now it's time for the grown-ups to really have some quality time. Couples can take some time for themselves, even if it's only when the kids are asleep.

**Spa day at home:** Make your own [spa hour/day](#).

**Get rid of that hair:** You really can do [your own buzz cut](#).

**Wine and cheese:** Should you be quarantined with a partner, have a wine or beer and cheese date with your beloved on your patio/front porch/back porch balcony/kitchen table, and remember it's "for better or for worse." You can try to make it for better.

**Hold hands:** It's sweet.

**No "G" rated movies:** Watch movies that are not for children. It's fine to fall asleep, though. We're tired.

**Eat a late dinner:** Fine, it's second dinner, and eat all the things your kids hate. All of them.

**Treat your sweetie:** Do something nice that makes your spouse happy — make a favorite dessert, take a walk, make a schedule, find a favorite wine, load the dishwasher (whatever's your love language).

**What's your love language?** Speaking of which, find out what your partner's love language really is. (Don't guess — ask.) People often get confused and think their own love language is their partner's. Is this confusing? Go to [5lovelanguages.com](http://5lovelanguages.com) to find out.

**Really talk:** Talk about the pandemic and how it's affecting you. Talk about your hopes and dreams and fears. Listen to what others have to say. Connect and keep that base strong to support you and your family.

**There is still a couple more weeks of summer, take the time to check out the entire series to see how you did! How many of the suggestions did you wind up doing? Are there more you can still get done? Get to it! 😊**

To access entire article for summer series, [click here](#).